

SPORT ENGLAND SECONDARY TEACHER TRAINING PROGRAMME

Sport England is investing £13.5million of National Lottery funding into a Secondary Teacher Training programme, designed to provide teachers with access to professional development as well as put pupil's enjoyment and whole school outcomes at the heart of PE and school sport.

Young people's attitudes to sport and physical activity are shaped heavily by their experiences at school – and our research shows that having a bad experience of PE can put them off being active for life. This programme aims to address this by giving teachers the resources and training they need to engage all pupils in physical activity, regardless of sporting ability.

How does it work?

Funding is distributed via the network of Teaching School Alliances (TSA) and other appropriate school partnerships. TSAs and partnerships are awarded £3,350 for every secondary school included in their project. **Over 1500 schools have signed up so far.**

TSAs and partnerships are given free support by an expert consultant from either the Youth Sport Trust or Association for Physical Education to: plan a project based on the needs of their staff and students, access relevant mentoring and training, implement the project in school, and measure the impact of their work.

What can the funding be used for?

It's a fully flexible programme – our funding can also be used to upskill teachers, improve the quality and breadth of PE, and develop schools' PE offer so that it acts as a lever for wider educational outcomes. We encourage projects that:

- **Develop pupils' mental wellbeing, confidence and resilience** through PE, school sport and physical activities that prioritise pupil enjoyment.
- **Create opportunities for all pupils – including those who don't like PE - to try new activities** (such as non-traditional sports and fitness classes) so they can discover ways to be physically active that work for them.
- **Explore how PE, school sport and physical activity can contribute to or complement core curriculum subjects** by finding ways to bring activity into other subjects' lessons.

What impact is this programme having?

Our pilot phase, which launched in spring 2018 with 38 schools across England, has shown that:

- This funding has enabled students to have greater choice in what activities they do in PE and how competitive they want to be.
- Over half of the students surveyed enjoyed PE more than last year, with over 90% experiencing new activities in PE.
- Teachers reported an increased perception of the importance of PE and physical education in school, and a greater number of teachers agree that they have a responsibility to discuss and encourage physical activity.

Where can I find more information?

Further information is available on Sport England's website: <https://www.sportengland.org/our-work/children-and-young-people/secondary-teacher-training-programme/>